**SJNA Physical Education Long-term Map Cycle A and Cycle B**

|  |  | **AUTUMN 1** | | **AUTUMN 2** | | **SPRING 1** | | **SPRING 2** | | **SUMMER 1** | | **SUMMER 2** | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **St Francis**  **YR/1** | **Cycle A** | Net/Wall Y1 | Forest School/OAA | Yoga Y1 | Forest School | Ball Skills Y1 | Forest School | Gymnastics Y1 | Forest School | Fundamentals Y1 /Sports Day Practise | Forest School | Striking and Fielding Y1 | Forest School |
| **Cycle B** | Net/Wall Y2 | Forest School | Dance Y1 | Forest School | Invasion Games Y1 | Forest School | Gymnastics Y2 | Forest School | Athletics Y1 /Sports Day Practise | Forest School | Striking and Fielding Y1 | Forest School |
| **St Vincent de Paul**  **Y2/3** | **Cycle A** | Tennis Y3 | Forest School | Dance Y2 | Forest School | Invasion Games Y2 | Forest School | Gymnastics Y3 | Forest School | Athletics Y2/Sports Day Practise  Swimming | | Striking and Fielding Y2  Swimming | |
| **Cycle B** | Netball Y3/4 | Forest School/  OAA | Dance Y3 | Forest School/  OAA | Gymnastics Y4 | Forest School/  OAA | Athletics Y3/Sports Day Practise | Forest School/  OAA | Swimming | | Cricket Y3/4  Swimming | |
| **St Teresa of Calcutta**  **Y4/5** | **Cycle A** | Tennis Y4 | Forest School/  OAA | Dance Y4 | Forest School/  OAA | Swimming | | Swimming | | Athletics Y4/Sports Day Practise | Forest School/  OAA | Rounders Y3/4 | Forest School/  OAA |
| **Cycle B** | Tag Rugby Y3/4 | Forest School/  OAA | Dance Y5 | Forest School/  OAA | Swimming | | Swimming | | Athletics Y5/Sports Day Practise | Forest School/  OAA | Cricket Y5/6 | Forest School/  OAA |
| **St Oscar Romero**  **Y6** | **Cycle A/B** | Swimming | | Swimming | | Tag Rugby Y5/6 | Forest School/  OAA | Netball Y5/6 | Forest School/  OAA | Athletics Y6/Sports Day Practise | Forest School/  OAA | Rounders Y5/6 | Forest School/  OAA |