**SJNA Physical Education Long-term Map Cycle A and Cycle B**

|  |  | **AUTUMN 1** | **AUTUMN 2** | **SPRING 1** | **SPRING 2** | **SUMMER 1** | **SUMMER 2** |
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| **St Francis****YR/1** | **Cycle A** | Net/Wall Y1 | Forest School/OAA | Yoga Y1 | Forest School | Ball Skills Y1 | Forest School | Gymnastics Y1 | Forest School | Fundamentals Y1 /Sports Day Practise  | Forest School | Striking and Fielding Y1 | Forest School |
| **Cycle B** | Net/Wall Y2 | Forest School | Dance Y1 | Forest School | Invasion Games Y1 | Forest School | Gymnastics Y2 | Forest School | Athletics Y1 /Sports Day Practise  | Forest School | Striking and Fielding Y1 | Forest School |
| **St Vincent de Paul****Y2/3** | **Cycle A** | Tennis Y3  | Forest School | Dance Y2 | Forest School | Invasion Games Y2  | Forest School | Gymnastics Y3 | Forest School |  Athletics Y2/Sports Day Practise Swimming  | Striking and Fielding Y2Swimming |
| **Cycle B** | Netball Y3/4 | Forest School/OAA | Dance Y3 | Forest School/OAA | Gymnastics Y4 | Forest School/OAA | Athletics Y3/Sports Day Practise  | Forest School/OAA |  Swimming | Cricket Y3/4Swimming |
| **St Teresa of Calcutta****Y4/5** | **Cycle A** | Tennis Y4 | Forest School/OAA | Dance Y4 | Forest School/OAA |   Swimming  |  Swimming | Athletics Y4/Sports Day Practise | Forest School/OAA | Rounders Y3/4 | Forest School/OAA |
| **Cycle B** | Tag Rugby Y3/4 | Forest School/OAA | Dance Y5 | Forest School/OAA | Swimming | Swimming | Athletics Y5/Sports Day Practise | Forest School/OAA | Cricket Y5/6 | Forest School/OAA |
| **St Oscar Romero****Y6** | **Cycle A/B** | Swimming | Swimming  | Tag Rugby Y5/6 | Forest School/OAA | Netball Y5/6 | Forest School/OAA | Athletics Y6/Sports Day Practise | Forest School/OAA | Rounders Y5/6 | Forest School/OAA |